

Ceremony Etiquette

No talking once the ceremony has begun; talking pulls others out from their experiences and is not fair to anyone else attending.

Once you have your mixture in your hands, place your hand over the glass, say a prayer and then you say, "Salud (pronounced 'saloo') Maestra" to Skie and "Salud Maestro" to Red, then drink.

Laughter is acceptable, although if it becomes too disruptive to others, we will let you know.

Please be mindful of your sound levels.

The toilet door must be left open when you vacate the toilet so as not to create a queue outside an empty toilet.

We do have a small, harmless, fluffy dog, called Mooshka who also partakes in our ceremonies (she will bark frantically at you when you arrive but will settle down quickly). She often likes to curl up with people in ceremony if they are having a hard time and has been an angelic saviour to many people. She dislikes fast movements in the ceremony room, so we ask that you move slowly and consciously when walking.

Ceremonies are held in our family home, we live here peacefully in harmony with the land, farmers, and nature around us. We are detached but sound in the countryside travels far and wide, so we ask you to be aware of your sound levels, especially when outside after dark as the rescue centre staff next-door sleep-in caravans,

The local village is not that far, and they have no idea about plant ceremonies, and we want to keep it that way. If anyone asks, especially taxi drivers, you are here as friends, catching up, as you have not seen us for a while or are attending a Cacao ceremony.

Please respect our belongings and home in general. Helping with simple tasks like washing up your own cup, is very much appreciated.

Obviously, accidents do happen, and we understand this, so should an accident or breakage of any type occur please let us know, we do not bite.

Lost property: contact us immediately, as we can only keep here for 2 months, then we gift to charity shops, so please ensure you take belongings with you when you leave.

Items can be brought into ceremony for our facilitators to bless, including photos and sacred items.



SUNGATE